



### Mixed Berry Fruit Salad

Serves: 12- 1/2 cup

amount	unit	Ingredients:
1	each	orange
1	each	lime
0.25	cups	honey
0.33	cups	mint leaves, chopped
1	pound	strawberries
1	pint	blueberries
1	pint	blackberries
1	pint	raspberries

Instructions: in a large bowl, juice the orange and lime. Add honey and stir to combine. Add mint leaves and berries. Toss to coat.

#### Nutritional Information:

Calories: 80; Carbohydrates: 20g; Fiber: 5g; Sugars: 13g; Protein: 1g; Fat: 0g; Saturated Fat: 0g; Cholesterol: 0mg; Sodium: 0mg