

## Hobo Dinner

Serves: 4

amount	unit	Ingredients:
1	cans	chickpeas, rinsed and drained
1	cups	beets, diced
4	each	carrots, chopped
4	each	green onions, diced
2	each	sweet potato, diced
2	each	garlic clove, minced
2	tsp	oregano
2	tsp	soy sauce
2	tsp	Sriracha sauce
2	tsp	olive oil

Instructions: Toss ingredients together and wrap in tin foil. Cook on grill or in a 400 degree oven for 45 minutes.

### Nutritional Information:

Calories: 220; Carbohydrates: 39g; Fiber: 10g; Sugars: 11g; Protein: 8g; Fat: 4.5g; Saturated Fat: 0.5g; Cholesterol: 0mg; Sodium: 350mg