

# Vinaigrette

## Italian Balsamic Vinaigrette



### Ingredients

1/4 cup balsamic vinegar  
1/4 cup olive oil  
1 small shallot, minced  
1 1/2 tsp Dijon mustard  
1/2 tsp Italian seasoning  
1/4 tsp black pepper  
1 clove garlic, minced  
3/4 tsp honey

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### Instructions

Place vinegar, shallot, Dijon mustard, Italian seasoning, black pepper, garlic and honey in a bowl and whisk.

### Nutrition Information Per Serving

Serving Size: 1 Tbsp  
6 Servings  
Calories: 100  
Fat: 9 gm  
Sodium: 35 mg  
Fiber: 0  
Carbohydrates: 4 gm  
Protein: 0 gm  
Sugar: 3 gm