

Vinaigrette Dijon Mustard Balsamic



Ingredients

1/4 cup balsamic vinegar
1/4 tsp black pepper
1 Tbsp honey
1 Tbsp Dijon mustard
2 cloves garlic, minced
1 Tbsp lemon juice
1/4 cup olive oil

Instructions

Mix together balsamic vinegar, black pepper, honey, Dijon mustard, garlic and lemon juice. Slowly whisk in olive oil until incorporated. Serve on top of mixed greens or vegetables.

Nutrition Information Per Serving

Serving Size: 2 Tbsp

Serves 6

Calories: 100

Fat: 9 gm

Sodium: 65 mg

Fiber: 0 gm

Carbohydrates: 6 gm

Protein: 0 gm

Sugar: 5 gm