

# Tropical Spinach Salad



## Ingredients

4 1/2 cups fresh baby spinach	1/8 cup olive oil
1/2 cup strawberries, chopped	1/8 cup vinegar
1/2 cup pineapple, chopped	1 Tbsp lime juice
1/2 cup blueberries, optional	1 Tbsp honey
1 avocado, cubed	salt and pepper to taste
1/4 red onion, sliced	
1/8 cup walnuts or pecans, chopped	

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## Instructions

Layer ingredients in medium salad bowl. (Spinach, fruit, onion, and nuts.) Combine olive oil, vinegar, juice, and honey in a small container with a lid; shake well. Top salad with dressing.

**Makes 6 - 1 cup servings**