

Tahini Sauce



Ingredients

1/2 cup tahini paste
2 Tbsp honey
1 lemon, juiced
1/2 cup water

Instructions

In a small bowl, mix tahini paste, honey and lemon juice with a spoon until it thickens. Add water, 1 Tbsp at a time, mixing until well incorporated.

Nutrition Information Per Serving

Serving Size: 2 Tbsp

Serves 12

Calories: 120

Fat: 11 gm

Sodium: 170 mg

Fiber: 1 gm

Carbohydrates: 5 gm

Protein: 3 gm

Sugar: 0 gm