

# Orzo Salad with Pesto and Pepper



## Ingredients

2 cups orzo pasta (dry)	2 tsp red wine vinegar
1 yellow bell pepper, chopped	1 tsp black pepper
1 red bell pepper, chopped	1/2 tsp salt to taste
1 small red onion, chopped	
1 cup cauliflower, broken into small florets	
1 Lifestyle Pesto (see recipe)	

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## Instructions

Cook orzo pasta according to package directions. Drain and place in a large bowl. To the orzo pasta add diced peppers, red onion, cauliflower, pesto, red wine vinegar and black pepper. Stir to combine. Refrigerate for at least one hour before serving.

## Nutrition Information Per Serving

Serving Size: 1/2 cup

Serves 12

Calories: 300

Fat: 7 gm

Sodium: 10 mg

Fiber: 3 gm

Carbohydrates: 51 gm

Protein: 10 gm

Sugar: 4 gm