

Ingredients

3 lbs red potatoes, cubed
4 Tbsp olive oil
1 Tbsp fresh rosemary, minced
1 Tbsp dried parsley
1 tsp salt
1/2 tsp black pepper
4 cloves garlic, minced

Instructions

Preheat oven to 400 degrees

In a bowl mix together cubed potatoes, olive oil, rosemary, parsley, salt, pepper and garlic. Place on a baking sheet and bake 20 minutes, stir and bake for another 10-20 minutes or until lightly brown and soft.

Nutrition Information Per Serving

Serving Size: 1/2 cup

12 servings

Calories: 70

Fat: 2.5 gm

Sodium: 100 mg

Fiber: 1 gm

Carbohydrates: 10 gm

Protein: 1 gm