

Waldorf Salad with Creamy Yogurt Dressing



Ingredients

1/2 cup plain Greek yogurt	1 stalk celery, thinly sliced
1 Tbsp honey	1/3 cup walnut pieces
2 tpsps freshly squeezed lemon juice	1 10 oz bag spring greens or baby spinach
2 large apples, cored, peeled, and sliced into small cubes	
1 cup red grapes, sliced in half vertically	

Instructions

In a small bowl combine yogurt, honey, and lemon juice. Cover and refrigerate until ready to use. Combine the remaining ingredients in a salad bowl, add yogurt dressing and toss to combine. Serve immediately over greens or cover and refrigerate. This salad is best if eaten the same day prepared.

Nutrition Information Per Serving

Serves 6