

# Apple Cranberry Walnut Salad



## Ingredients

6 cups salad (arugula, baby spinach or spring mix)	Dressing
1 red apple	1 cup apple juice
1 green apple	4 Tbsp apple cider vinegar
1 cup walnuts, roughly chopped	2 Tbsp honey
1/3 cup dried cranberries, low sugar	1/2 tsp salt
	1/4 tsp black pepper
	1/4 cup oil

## Instructions

Core and chop apples into thin slices or 1 inch chunks. Toss lettuce, apples, walnuts, and cranberries together in a large bowl. Whisk together dressing ingredients. Toss with salad immediately before serving.

## Nutrition Information Per Serving

Serves 4-6